

My Autobiography of Intercultural Encounters

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1. My pervious ICC experiences:

- Stages of my ICC development (Timeline)
- Features of each stage
- Milestones (critical events that shaped the big changes/development of your ICC)

Please follow the guidelines in **Appendix A** to describe each of your milestones.

2. My ICC learning in This term:

Please follow the guidelines in **Appendix B** to reflect on your ICC learning in this term.

Appendix A: The Autobiography of Intercultural Encounters

Who I am (optional)

How would you define yourself? Think about things that are especially important to you in how you think about yourself and how you like others to see you.*

*Here are some elements you may wish to include if you find them to be an important part of your identity: your name, age, gender, nationality, ethnic group, country, region or community where you live or come from, religion, languages, etc. Or you could include being a son/daughter, brother/sister, school student, member of a sports team, member of any other type of club, etc.

Guiding questions for each intercultural event reflection:

1. **What** happened when you met **whom**? **Where**? **What were you doing** there?
Why have you chosen this experience?
2. **Who else** was involved? Write something about them ...
3. Describe how did you **feel** at the time.
4. **How** do you think the **other people felt/thought** in the situation at the time?
How did you know?
5. Thinking about **the similarities and differences** between the ways in which **you** thought and felt about the situation and the ways in which **they** thought and felt about it ... were you aware at the time of any similarities/differences and, if so, what were they?
Looking back at the situation ...are you aware **now** of **any other similarities / differences** and if so what are they?
How do you see your own thoughts, feelings and actions now?
6. When you think about how you spoke to or communicated with the other people, do you remember that you made **adjustments** in how you talked or wrote to them?
Did you already have **any knowledge or previous experience** which helped you to communicate better?
7. There may have been things in the experience which puzzled you and you tried to find out more at the time. If you did so, how did you do it?
If you have found out an answer since, how did you do it? For example:
8. People often compare things in other groups or cultures with similar things in their own.
Did you do this? Did it help you to understand what was happening?
9. If, when you look back, you draw conclusions about the experience, what are they?

Would others such as my families have the same opinions as you now? Why?

Did the experience change you? How? Did you decide to do something as a result of this experience? What did you do?

Will you decide to do something as a result of doing this Autobiography?

If so what?

Adapted from Byram, M., Barrett, M., Ipgrave, J., Jackson, R. & Méndez García, M.C. (2009). *Autobiography of Intercultural Encounters: Standard Version*. Strasbourg, France: Council of Europe Publishing.

Appendix B: Term Reflection Guidelines

Note: You are not limited to these topics;

You may refer to Autobio Guidelines to describe your recent ICC encounters.

10. Did you have any unforgettable /excited/proud /surprised/ trying / awkward moments to reflect on? Why?
11. What is your biggest gain intellectually in this term? Why?
12. What is your biggest gain emotionally / spiritually in this term? Why?
13. How did you apply your learnt ICC knowledge into your real-life communication?
14. What is your suggestion to your teacher(s) in order to better her/their teaching? Why?
15. What is your suggestion to the future students in order to better their learning? Why?

Requirements:

1. **Mechanics:** check to assure you make few errors in spelling, punctuation, capitalization, and paragraphing
2. **Format:**
 - (1) **Include name, class, date, and email**
Specify your file name: e.g. 201512 Zhang ICC Term Reflection
 - (2) **Word limit:** more than 1500 words; pages numbered;

(3) Include **an outline and several sections**

(4) **Medium:** MS WORD file; **Document Size:** A4

Font: 12 point Times New Roman; **Line Space:** 1.5 space

Rubric:

Reflection Rubric

Trait	Developing	Accomplished	Exemplary
Detailness	Giving few supporting details	Giving fair amount of supporting details	Giving abundant and vivid supporting details
Depth	A rushed piece of writing, demonstrating little concern, thought, or emotions.	Demonstrating fairly deep thinking and sincere feelings	Demonstrating in-depth thinking, sincere and deep

Reflection Rubric